



THE

மூலம்

SYMPHONY OF SPICES

Food Menu

**AUTHENTIC TAMILNADU
DELICACIES AT IT'S BEST**

வைத்தியனுக்குக் கொடுப்பதை வாணியனுக்குக் கொடு.



SOUPS

VEG SOUP	165
NON-VEG SOUP	220

STARTERS - VEG

KAALAN MILAGU VARUVAL Crunchy fried mushrooms tossed with kongu nadu spices	270
PAAL KATTI MILAGU VARUVAL Paneer fingers crispy fried with pepper and spices	265
NEI PODI PANEER VARUVAL Minced paneer in ghee and spices—rich, crispy, and irresistible	310
ELLU KAVI POO SIGAPPI Crispy, sesame-coated cauliflower florets, perfectly tender and flavorful.	220
THAMARAI KILANGU VARUVAL Crispy deep-fried lotus stem in a sweet honey sauce, delicious and quick!	300
CHINNA MAKKA SOLA VARUVAL Enjoy golden, crispy bites of tender baby corn, a perfect start to your meal!	180
KAALAN POONDU PIRATTAL A mouthwatering appetizer featuring a rich sauce infused with earthy mushroom flavor and the enticing aroma of garlic.	270
ARANMANAI MARAVALLI Flavorful and aromatic, this veg starter features crispy tapioca with a perfect blend of fragrant spices.	220
KAALAN MILAGU PIRATTAL A delectable and flavorsome blend of mushrooms and peppers cooked to perfection.	270

PALLIPALAYAM PAAL KATTI CHUKKA A tantalizing vegetarian delight, Paneer Chukka is a flavorful starter that will leave you craving more.	265
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VAZHAI POO KOLA URUNDAI Delicious banana flower fritters, spiced and deep-fried to golden perfection. A must-try South Indian starter!	200
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KONGU SOLAM VARUVAL Crispy and flavorful, this appetizer highlights the essence of Kongu cuisine with its delectable corn fry!	200
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MAIN COURSE - VEG

VEG- CHETTINADU KARI A tasty South Indian curry with rich spices and herbs, perfect to start the meal.	185
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PANEER PATTANI THUDUKARI A flavorful mix of tender paneer and peas in a rich, creamy gravy.	255
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MUSHROOM CHETTINADU GRAVY Aromatic and flavorful mushroom gravy inspired by rich Chettinadu cuisine.	255
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VEG KURMA Aromatic and flavorful vegetarian curry bursting with rich flavors and a creamy texture.	225
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PAAL KATTI URULAI THOKKU Soft paneer and potatoes, cooked perfectly and bursting with rich flavors, guaranteed to delight your taste buds!	265
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NEI KATHIRIKAI THOKKU A delectable vegetarian starter bursting with rich flavors and the aroma of ghee-infused brinjal masala.	195
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NEI PARUPPU KULAMBU A rich and flavorful vegetarian dish featuring a luscious gravy made with ghee and lentils.	210
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PANDIA NATTU VEG- KULAMBU 225

Experience rich, authentic flavors in this delectable dish that will tantalize your taste buds.

POONDU KULAMBU 220

A tantalizing blend of flavors, this dish features savory garlic-infused gravy that will leave you craving more.

RICE VARIANTS - VEG

PAAL KATTI SADHAM 245

A flavorful mix of minced paneer and aromatic rice, cooked in coconut milk with spices.

VETHALAI POONDU SADHAM 250

A flavorful and aromatic rice dish with a delightful blend of betel leaves and garlic.

NEI SORU 220

Aromatic and flavorful rice cooked in rich ghee, perfect for starting a delightful dining experience.

PAAL KATTI KAALAN SORU 270

A tantalizing blend of paneer, mushrooms, and fragrant rice, perfect for a flavorful start.

KALAVAI OON SORU 250

A delectable mix of fresh vegetables and aromatic rice, perfectly seasoned and bursting with flavor.

MURUNGAI SORU 250

A savory blend of tender drumsticks and aromatic rice, a perfect start to any meal.

STEAMED RICE 100

THAYIR SAADAM 150

Steamed rice with yogurt and spices, a cooling South Indian staple perfect as a side.

DOSA - VEG

DOSA 120

KAL DOSA 120

PANEER DOSA 165

Paal Katti Dosai

MUSHROOM DOSA 180

Kaalani Dosai

BREADS - VEG

PAROTTA 95

VEG-KOTHU PAROTTA 200

A flavor-packed blend of minced vegetables in tender paratha, perfect for starting any meal.

KAALAN KOTHU PAROTTA 225

Sautéed mushrooms and spices tossed with paratha for a delightful vegetarian starter.

PAAL KATTI KOTHU PAROTTA 250

A delightful fusion of flaky paratha and flavorful paneer, perfect for starting your meal.

PLAIN VEECHU 120

PORICHA PAROTTA 140

COIN PAROTTA 150

KIDS CORNER - VEG

VEG- LOLLIPOP 120

PAAL KATTI FINGER 135

Crispy, golden-fried paneer strips seasoned with spices, perfect as a savory snack or starter.

MANAM RICE 175

PORICHA THAMARAI VIDHAI VARUVAL 150

Enjoy crispy and flavorful lotus seeds fry, a perfect vegetarian starter to tantalize your taste buds.

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EGG

CHOICE OF EGG 100
omelette/ Kalakki/ Half-boil/
Full-boil

CHICKEN OMLETTE 175

MUTTON OMLETTE 225

DOSA - NON VEG

EGG DOSA 140

CHICKEN KARI DOSA 250

MUTTON KARI DOSA 300

BREADS - NON VEG

EGG KOTHU PAROTTA 225

CHICKEN KOTHU PAROTTA 270

MUTTON KOTHU PAROTTA 350

EGG VEECHU 150

KIDS CORNER - NON VEG

PORICHA KOZHI 165

STARTERS - NON VEG

ARANMANAI KOZHI ★ 300
Crunchy fried mushrooms tossed with
kongunaadu spices

KOLACHEL ERA VARUVAL ★ 350
A prawn made of a special recipe from
the South Indian Town Kolachel

MUZHU MEEN VARUVAL 310
Fish marinated with traditional south
Indian spices and deep fried

**PICHI POTTA NATTU KOZHI
PIRATTAL** 325
A chicken made in kongu region with
tasty spices from Pallipayam

ERAL THENGA PAAL PIRATTAL 350
Creamy coconut milk and succulent prawns
combine in this tantalizing sauté that transports
your taste buds to exotic shores.

EERAL PIRATTAL 420
A rich and savory sauce with tender mutton liver,
perfect for a flavorful non-veg starter.

MANAM KARI PIRATTAL 450
Tender and succulent mutton cuts, perfectly grilled
for a delightful start to any non-vegetarian feast.

MANAM KOZHI PIRATTAL 250
Tender and succulent chicken chop, seared to
perfection for a delightful start to your meal.

MOOLAI PIRATTAL 350
Enjoy tender mutton brain cooked in a rich blend
of aromatic spices.

NANDU PIRATTAL 350
A delectable seafood dish with succulent crab
cooked to perfection in aromatic spices.

VETTAI KARI VENJANAM 450
Tender mutton chunks cooked to perfection in a
rich blend of aromatic spices.

NAATU KOZHI UPPU KARI 350
A succulent and flavorful country chicken dish that
tantalizes your taste buds with rich, aromatic flavors.

நொறுங்கத் தின்றால் நூறு வயது



VANJARAM FRY

Vanjaram fish marinated in aromatic spices, offering a delightful start to your meal.

350

NETHILI FRY

Crispy and flavorful, this classic starter highlights the delicate flavors of Nethili fish.

300

KOLACHEL NETHILI FRY

A traditional, crispy, and flavorful Nethili fish fry, a must-try for seafood lovers.

330

KADAMBA PIRATTAL

Tender calamari cooked in a flavorful tawa sauce with traditional spices, an irresistible start to your meal.

300

PORICHA KADAMBA

This traditional calamari fry is a crispy, flavorful start to your non-veg feast.

300

NAGORE KADAMBA PIRATTAL

Enjoy tender calamari coated in a delectable Nagore tawa sauce, perfect as a flavorful non-veg starter.

330

NAGORE KADAMBA VARUVAL

Crispy and flavorful calamari fry from Nagore, a perfect start to your non-veg meal.

330

USILAMPATTI NAATU KOZHI

Enjoy the tantalizing flavors of this delectable Usilampatti Country Chicken Pepper Tawa Fry that will keep you coming back for more!

350

MILAGU PIRATTAL

MAIN COURSE - NON VEG

PALLADAM KOZHI CURRY

Bone-in chicken marinated with unique herbs and spices, simmered in a rich coconut-based curry.

300

MADURAI MEEN KULAMBU

Tamarind and chilly infused traditional madurai fish curry

300

NALLI KARI KULAMBU

Intensely spicy and flavorful, with the bone marrow served alongside.

440

ERAL CHETTINADU

Aromatic and flavorful gravy with succulent prawns cooked in authentic Chettinadu style.

350

ERAL THOKKU

A dry, spicy masala with small prawns, perfect as a side for any South Indian meal.

350

PANDIA NAATU KARI KULAMBU

Succulent and flavorful, embodying the essence of mutton gravy.

425

KOZHI CHETTINADU

Aromatic and flavorful chicken curry from Chettinad, known for its rich spices and bold flavors.

285

USILAMPATTI NATTU KOZHI THANNI KULAMBU

Tender and flavorful, this traditional curry combines aromatic spices in a rich, savory gravy.

350

RICE VARIANTS - NON VEG

KAYAL PODI SORU

A delectable blend of minced fish and fragrant rice, perfectly seasoned.

330

UPPU KARI SORU

Tender minced mutton paired with aromatic rice for a delectable start to your meal.

350

ERAL SATTI SORU

A tantalizing mix of succulent prawns, rich masala, and fragrant rice that will leave you craving more.

350

NAATU KOZHI OON SORU

A rich Indian rice dish cooked with chicken, flavored with clarified butter and aromatic spices.

350

KAYALPATTINAM KARI SORU

A flavorful and aromatic mutton rice dish inspired by the coastal town of Kayalpattinam, perfect as a tantalizing starter.

425

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DESSERT

VETHALAI AMIRTHAM	200
DESSERT OF THE DAY	200
MILLET ICE CREAMS Chocolate, Butter Scotch, Pista, Starwberry, Black current, Oreo, Mango	175
MALAI KULFI	80
KESAR BADAM	90

BEVERAGES

WATER BOTTLE	35
COFFEE	60
TEA	50
LIME SODA	75
GOLI SODA Paneer, Lemon, Orange, Pine apple, Blueberry	60

AVAILABLE ON



FOR QUERIES CALL

87544 04333

MGR SALAI, PALAVAKKAM,
CHENNAI, 41

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